



**IOWA STATE FAIR
BLUE RIBBON
FOUNDATION**

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For Immediate Release

June 22, 2015

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9th Annual Iowa State Fairgrounds 5K Supports Future Renovations

DES MOINES, IA – Runners have the opportunity to experience a 5K race like no other! The ninth annual Fairgrounds 5K, presented by West Bank, will take place on Saturday, August 22 during the Iowa State Fair. The route will take you down the Grand Concourse, through the hills of the Campgrounds, and along Rock Island. You'll see food vendors, campers, and livestock on your adventure across the Fairgrounds, all while supporting the Blue Ribbon Foundation's work.

"In August, the Fairgrounds are filled with great people, entertainment, rides and the best food we all look forward to every year. The 5K is the perfect opportunity for lowans to experience the hustle and bustle of the Fair like never before," said Peter Cownie, Blue Ribbon Foundation Executive Director. "I encourage all Fairgoers to take part in this special event that supports Fairgrounds preservation and renovation."

The timed race is open to runners of all ages. Awards will be given to winners in different age groups and to the overall male and female runners. Start time is scheduled for 7:30 a.m. The \$40 registration fee includes a t-shirt, Iowa State Fair admission ticket, \$5 in food coupons and a free Fair Square.

Online registration for the Fairgrounds 5K is available at www.BlueRibbonFoundation.org. For more information about the Fairgrounds 5K or the Blue Ribbon Foundation, please visit our website or call 515-262-3111 Ext. 371.

The Blue Ribbon Foundation is a non-profit 501(c)3 organization. Since its inception in 1993, the Foundation has generated more than \$110 million for renovations and improvements to the Iowa State Fairgrounds.

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